

Planning Calendar for Freshman

High school is a very important time. Students are maturing and are challenging themselves academically, socially and personally. With school, activities, and sometimes work, it is important for students to start building strong time management and organizational skills.

The list below can help students stay on track with preparations for college admission.

Freshman Year

- Meet with your counselor to plan your coursework. **Build strong academic skills** by taking challenging courses.
- Get involved** at school by participating in sports, clubs or volunteer work that can make high school more fun and will help you develop the leadership and teamwork skills that colleges value.
- Start a list of your activities, awards, community service and other unique educational experiences and maintain it throughout high school. This will serve as the beginning of a resume´ that you can use when completing college admission and scholarship applications.
- Whenever possible, **visit a college campus**.

Course Requirements for Graduation:

English	4 credits
Mathematics	4 credits
Science	3 credits
U.S. History	1 credit
Social Studies	2 credits
Physical Education	2 credits (0.50 credit per year)
Health	1 credit (0.25 credit per year)
Fine Arts (Art or Music)	1 credit
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	18 total credits

Counselor Initials: _____ Student Initials: _____ Date: _____